

June 2006

The McCarty Metro



Quick Puzzles (bet you don't know them)

Answers At The Bottom Of The Page

1. What is this?

1

2. What is this?

UGOME

3. What's the missing letter: j?mamija

4. A bottle of wine costs \$10. If the wine is worth \$9 more than the bottle, what is the value of the bottle?

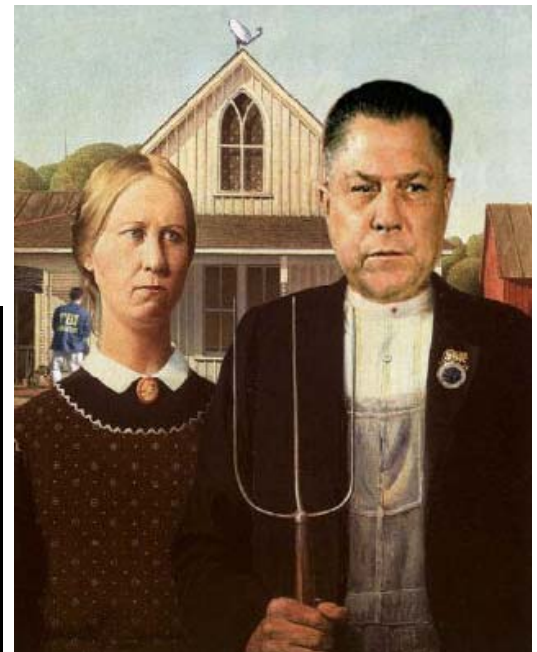
5. Which day of the week has an anagram?

6. Using all the letters each time, how many words can you make from the letters REIAMN?

7. Austin was at the zoo started to call out the name of the animal he saw, but he became so excited that he got his words all mixed up. See if you can take all twelve of the letters in "Oh, it's a pom pup!" and rearrange them to make a single word that will be the name of the animal Austin is pointing to.

METRO EXCLUSIVE! THE HOFFA TIP!

Speculation has run rampant over what led FBI officials to search a farm in Milford, Michigan for the body of Jimmy Hoffa. The McCarty Metro has learned exclusively, that it was this picture, which hung on the wall of the weathered farm house that peaked the interest of the Federal officials.



June Joke o' The Month

A man was just coming out of anesthesia after a series of tests in the hospital, and his wife was sitting at his bedside. His eyes fluttered open, and he murmured, "You're beautiful."

Flattered, the wife continued her vigil while he drifted back to sleep.

Later, her husband woke up and said, "You're cute."

Startled, she asked him, "What happened to 'beautiful'?"

"The drugs are wearing off," he replied.

The Day After Father's Day

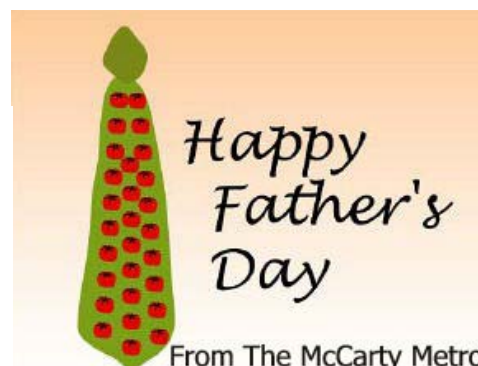


Quick Puzzles Answers

- 1) Hole in one 2) 3)
- 2) You go before me
- 3) F for February. They are the initials of the first 7 months.
- 4) 50 cents making the wine \$9.50 for a total of \$10
- 5) Monday is an anagram of dynamo
- 6) 3. Airmen, Remain, Marine
- 7) Hippopotamus

Name The Celebrity

Can you name this famous (or maybe not-so-famous) celeb?



Metro Sound Off - Letters To The Editor

Hi Kel, Another dynamite job on the Metro! Man, you know some stuff. My only complaint is The Metro is not convenient to read in the bathroom. - A fan

ED NOTE: What??? You don't have a desktop computer in your Casa de Peepee? Funny you should mention that though, because I have a couple of subscribers who are not computer owners, and I create a special paper version for them. Each month, I will make that paper version available to all Metro subscribers for easy download and print.

My brother signed up today for the Dan McCarty Golf Classic. He mentioned to me that he wants to make sure you and Steve have our names correct since we have been Nies and Lucci for the past 4 years. Our team is Dan Kresbaugh, Luke Bien, Mike Kresbaugh, and Jeff Martin - Dan Kresbaugh

ED NOTE: Dan... I know Nies & Lucci. I've carried Nies & Lucci's golf bags. Nies & Lucci are friends of mine. Dan... You ARE no Nies & Lucci! STEVE.... You got that.... I guess I told him!

Dear Editor, What gives with the "fear the 'fro" photo at the top of last month's Metro? How did you get a photo of Ben Wallace in his early years? -Mac

ED NOTE: I can see your confusion, Mac. The resemblance is uncanny, but you are mistaking Evan McCarty for a youthful Ben Wallace. Now you know... Oh Tay?



Kel, Hey, good job on the Metro... I'm surprised how many people hit that site. I stole your yoga joke for my company newsletter... Hope everyone is doing well. -Larry

ED NOTE: You didn't have to steal it Lar, Carla e-mailed me the picture. It is a picture of you after the big Lebanon Demolition Derby.

We are all disappointed that the Cockroaches will not be playing together this summer. I understand that the health of one or more of the band members is the cause. Can you offer a medical analysis of the band? -Troy

ED NOTE: Here's a little tidbit, medically speaking... The Cockroaches do not have the same degree of blood pressure that other mammals have, therefore, cutting off their heads would not cause them to die from bleeding. Nor does a Cockroach need its' head to breathe, but he requires it to eat, see, and sing lead or backup. After a few weeks of being headless, however, most of us would die of either dehydration or starvation for applause. Either way... It ain't pretty.

Will you guys be doin' Karaoke at McClanahans's in Shelby this year before the DMGC? -Ted

ED NOTE: TEEEDDDDD!!! Is the Pope, Polish? Does this month's Peanut & Jocko involve "Potty Humor"? Is that really a picture of Larry just above the last Sound Off answer? I hope that answers your question.

OK Mr. Computer Guru... My hard drive crashed, and I don't want to put a lot of money into it. Can I fix it? -Drive Is Dead

ED NOTE: Viagra might help your drive, but on to your problem. There are 2 options I have for you. OPTION 1... It's really not too difficult fixing your own hard drive, if the problem is a head crash, or the infamous Seagate "stiction" problem. You will require #4/0 steel wool, paint thinners, WD-40, a few hand tools, and about 45 minutes. First, you need a clean room, so make sure the garage door is closed before you begin. Move those old lawnmower parts off the bench. Disassemble the sealed unit and carefully wash all parts with paint thinners. Bend the read/write heads out of the way, and then disassemble the platter stack. VERY CAREFULLY buff the platter surfaces with the #4/0 steel wool. This will remove any existing data, level out any surface defects, and help to redistribute the magnetic media and fill in those pesky "bad sectors" that most drives have. Reassemble the platter stack, and using a .015" feeler gauge, bend the read/write heads back to the platter surface, using the feeler gauge to set the gap. This is slightly higher gap than the factory uses, but it reduces the chance of head collisions with any flotsam you neglected to remove. Give the heads and platters a good shot of WD-40 and reassemble the unit. If your drive has a filter, replace it with a clean section of gauze pad. All that's left is to low level and DOS format the drive, and you're back in business. OPTION 2... Lay out 50 bucks and buy a new one, cheap ass.

Somewhere In Grand Rapids...



Metro Caption Contest

Last Month



Mom! It was the only way I could bring him home from Iraq. -Anon

Jerry thinks he's the only one who see's celebrities. I am carrying on my shoulder, the old, scary guy from Poltergeist 2. "YOU'RE ALL GONNA DIE!" -Kelly

Now put on an overcoat, and we can get into the movies for the price of one. That's why I'm the smart one. -Kathlene

RICK: "You don't think I got these guns by just bench presses, do ya?"
DENNIS: "Rick, is it my turn to wear the hat, now?" -Mike

Who's your daddy???? -Gwenda

Dennis and Rick McCarty won the 40th annual Sussex Shoulder Fight in a tough finals match against Timmy and Debbie McDonald. -Jerry

If I let you down, will you stop all ready with the wind mill kicks? -Dennis

Conjoined twins Dennis and Rick McCarty smile before the operation to separate them recently. -Dr. Demento

Dennis and Rick McCarty won the 40th annual Sussex Shoulder Fight in a tough finals match against Timmy and Debbie. -Jerry McCarty



**DON'T FORGET...
June 14 Is Flag Day!**

This Month



Brokeback Mountain

One of my vices is watching old-time westerns late at night when I can't sleep. Unfortunately, after seeing the Academy Award winning, Brokeback Mountain, some of the dialog in the old flicks makes me throw up a little in my mouth, and have nightmares. Here is my top 10 lines that makes me re-swallow my own bile...

- Gary Cooper: "I'm gonna pump you fulla lead!"
- John Wayne: "Give me a stiff one, barkeep!"
- James Stewart: "D-d-d-don't fret---I've been in tight spots before."
- Wilford Brimley: "Howdy, pardner."
- Gregory Peck: "You stay here while I sneak around from behind."
- Jack Elam: "I got me a Saddle Sore."
- Clint Eastwood: "Hold it right there! Now, move your hand, reeeal slow-like."
- Walter Brennan: "Let's mount up!"
- Henry Fonda: "Nice spread ya got there!"
- Denver Pyle: "Ride'em cowboy!"
- James Coburn: "I reckon this might hurt a little"



Are You a Professional?

The following short quiz consists of 4 questions and tells whether you are qualified to be a professional. Figure out the answer, then click the "Scroll down for each answer. (The questions are not that difficult.)

1. How do you put a giraffe into a refrigerator?
2. How do you put an elephant into a refrigerator?
3. The Lion King is hosting an animal conference. All the animals attend except one. Which animal does not attend?

OK, even if you did not answer the first three questions correctly, you still have one more chance to show your abilities.

4. There is a river you must cross, but it is inhabited by crocodiles. How do you manage it?

According to Andersen Consulting Worldwide, around 90% of the professionals they tested got all four questions wrong but many preschoolers got several correct answers. Andersen Consulting says this conclusively disproves the theory that most professionals have the brains of 4-year-olds.

Thank You!

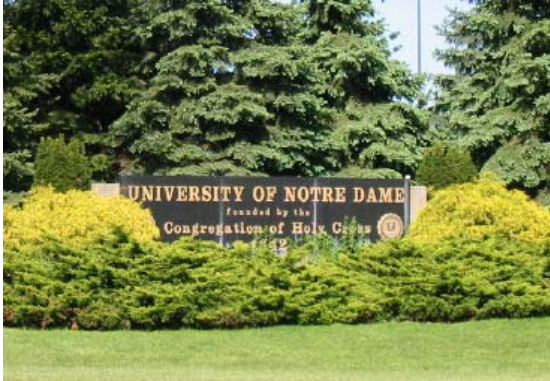
**To The June 2006
McCarty Metro Staff**

Bob Balch, Gerry Bufalini, Jerry McCarty, Kelly McCarty, Kristen McCarty, Larry McCarty, Margaret McCarty, Mike McCarty, Steve McCarty, Gwenda Perez, Millard Pickney, Denise Sidor, Larry Wendt

METRO NEWS

DATELINE: SOUTH BEND, INDIANA

Chris "Rudy" McCarty started his one year quest for his Masters in Business from The University of Notre Dame. He will be gone for the entire calendar year cramming two years of studies into a summer, fall, winter and spring seasons. Good Luck Son!!!



IN A SIDE NOTE...

Austin did find himself a DDR machine, and Margaret did find herself a scrapbook store



DATELINE: TWIN LAKES GOLF CLUB

Steve McCarty announces that the 11th annual Dan McCarty Golf Classic to benefit the Lupus Alliance of Michigan will be held at Twin Lakes Golf Club on Saturday, June 10, 2006. An 8:00 AM Shot Gun start is scheduled for this scramble. The entry fees include 18 holes of Golf, Cart, and Driving Range warm-up, with a 1:00 PM Lunch - The Old Fashioned Cook Out: Choice of three of the following: Hamburgers, Hot Dogs, Chicken Breast, or Italian Sausage. Mixed Garden Salad, Potato Salad and Cole Slaw, Homemade Cookies & Brownies, Coffee, Tea & Soft Drinks. SEE THE DMGC PAGE FOR MORE DETAILS.

DATELINE: MACOMB, MICHIGAN

On Memorial Day weekend, Jean McCarty, along with Steve, Kristen, Megan, Jenna, Kelly, Margaret, Brad & Austin, did some spring work to the landscape at Mom's house. The grass was cut, new mulch decorated the front, top soil and flowers were planted on the side and back, and everyone helped pulling those pesky weeds and grass growing where it isn't supposed to grow. The day was completed with a nice bar-b-que. Thank you for your help guys...

ED NOTE: The next phase on the landscaping will take place the weekend of the DMGC since there will be a few more hands available. We will need to trim shrubs and hedges, cut branches, edge the lawn, along with the preparation for the golf outing. Any questions... give me a call or email me. Thanks- Kelly



DATELINE OAKLAND TOWNSHIP, MICHIGAN

ATTENTION ALL McCARTYS... You are invited to the annual Independence Day celebration at Steve & Kristen's house on Saturday, July 1. Of course the 3 F rule will be in play. (Food, Fun & Fireworks). Bring swimming trunks as the pool will be open. Looking forward to seeing you there. Fireworks start at 3pm if Larry comes, otherwise, they start when it gets dark. Any questions, email Steve O or myself here at the Metro.

DATELINE LEBANON, TENNESSEE

Larry and Carla McCarty are proud to announce the graduation of their daughter, Lauren Grace McCarty, from Lebanon High School in Lebanon, Tennessee. The commencement exercises were held on May 26th at Nokes-Lasater Field.



After 18 years, still cute as a button, and swingin' on swings

DATELINE DELAND, FLORIDA

This is not for the faint of heart... Dogs savage an alligator ... Sometimes nature is cruel, but there is also a beauty in that cruelty. The alligator, even though one of the ultimate predators, can fall victim to the kind of implemented 'team work' strategy which is possible due to the pack mentality and social structure of canines. Click here to see the remarkable photograph courtesy of Nature Magazine. But not if you're squeamish.



DATELINE: GRAND RAPIDS

The Pepsi Cola Company has filed a lawsuit against Le' Food, Grand Rapids only French restaurant, over copyright infringement. Pepe, the owner of Le' Food says that Pepsi doesn't like Le Foods' private house brand of Pepe Cola.



DATELINE: US / MEXICO BORDER

President George W. Bush has lobbied for 6000 National Guardsmen to patrol the United States / Mexican border. One of the complaints from Democrats is of the man who will personally be in charge of the troops.



DATELINE: MORE IN LEBANON, TENNESSEE

The Bird Flu has entered the United States, and had it first outbreak in the Al Gore Trailer Park in Lebanon Tennessee.



DATELINE US NAVY:

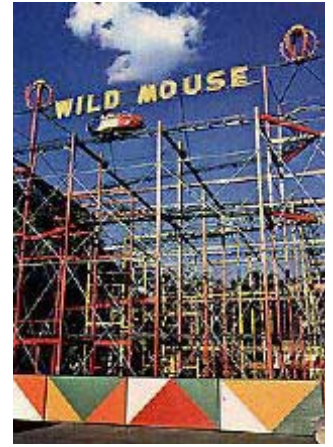
These are actual photos of aircraft breaking the sound barrier. This phenomena only happens at the instant an aircraft breaks the sound barrier and it literally appears like the aircraft goes through a wall. I hope you find these pictures as fascinating as I do. A naval veteran of 12 years, Ensign John Gay, 38, manages a crew of eight assigned to take intelligence photographs from the high-tech belly of an F-14 Tomcat, the fastest fighter in the U.S. Navy. In July, Gay had been part of a Joint Task Force Exercise as the Constellation made its way to Japan. Gay selected his Nikon 90 S, one of the five 35 mm cameras he owns. He set his 80-300 mm zoom lens on 300 mm, set his shutter speed at 1/1000 of a second with an aperture setting of F5.6. "I put it on full manual, focus and exposure," Gay said. "I tell young photographers who are into automatic everything, you aren't going to get that shot on auto. The plane is too fast. The camera can't keep up." At sea level a plane must exceed 741 mph to break the sound barrier, or the speed at which sound travels. The change in pressure as the plane outruns all of the pressure and sound waves in front of it is heard on the ground as an explosion or sonic boom. The pressure change condenses the water in the air as the jet passes these waves. Altitude, wind speed, humidity, the shape and trajectory of the plane - all of these affect the breaking of this barrier. The slightest drag or atmospheric pull on the plane shatters the vapor oval like fireworks as the plane passes through, he said everything on July 7 was perfect. "You see! this vapor flicker around the plane that gets bigger and bigger. You get this loud boom, and it's instantaneous. The vapor cloud is there, and then it's not there. It's the coolest thing you have ever seen."



JERRY'S WORLD

Well it's Summer and that means those little McCarty Grandbrats will be going to lots of amusement parks to waste their parents money. Just thinking of those roller coaster rejects makes me hotter than the metal seats on the Tilt A Whirl. These kids today think their rides are so cool, well I got news for you; the rides at Edgewater Park were way better than anything they got nowadays..

These kids today will wait in line at Cedar Point for hours to get on some new fangled roller coaster. They strap those Cedar Point sissies in with harnesses and restraint bars and then bolt the roller coaster to the track. At Edgewater Park, we rode the "Wild Mouse" which whipped around corners so fast that the wheels would actually come off the track. And the only safety restraint on that ride was an old frayed piece of clothesline with a bunch of knots in it. One time, my Dad and Aunt Joan were trapped on the "Wild Mouse" for 2 hours to until they were rescued. Sure they were only 4 feet off the ground but we didn't care, we loved it!!



And you can bet those fearless freeloaders will want to go on all the scary rides. They'll be going on Demon Drop, Son of the Beast, Goliath, Magnum, and Millennium. To me all those rides should be called "Crap!" The scariest ride that we had was "The Himalayan" at Edgewater Park. That ride was a squeaky, rusty mess that smelled like vomit. Also, the operator of the ride had bad skin, bad teeth, a missing finger and one cloudy eye. I was ready to throw up before the ride even started. Sure it was a smelly, unsafe ride run by ugly dope smoker, but we didn't care, we loved it!! Cause they played Rock n' Roll music when you rode the ride!!



And those Water Park Weenies like to put on their bathing suits and go to a Special Water Park. Sliding down a waterslide in your swimming trunks isn't scary. When we were growing up we didn't need no Water Parks, and the only water at Edgewater park were from the leaky toilets in the bathroom. The floors were always wet with a mixture of water and urine and nobody ever wanted to go in there. .

So you spend your summer with those Theme Park Pansies standing in line and going on the sissy rides. As for me, I'm going to 7 Mile and Grand River where Edgewater Park used to be. And then I'm going to look for some rusty metal ride and put my kids in it and show them what scary really is. I just hope that guy with the cloudy eye isn't there.

METRO Quiz

Candy Quiz

Do you know just as much as me about candy? Do you have cavities and need to see Dr. Coots? Well, I took off the names on the candy wrappers, and you have to tell me what candy it is. Good Luck!!!



1.



2.



3.



4.



5.



6.



7.



8.



9.



10.

Metro Calendar

June Birthdays, Anniversaries & Special Dates



June 1
Amanda McCarty
20 Years Old



June 4
Kerry Wendt
38 Years Old



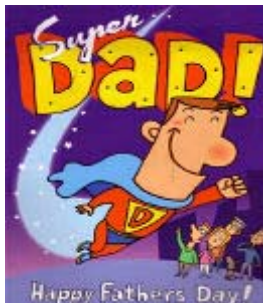
June 5
Tina Rzepka
14 Years Old



June 10
DMGC
Cure For Lupus



June 14
Flag Day
Show your colors



June 18
Father's Day
Give it up for the Dads



June 21
Summer Begins
Bring On The Heat



June 22
Dana McCarty
9 Years Old



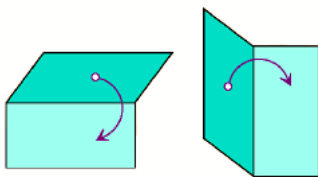
June 26
Ryan & Missy
2nd Anniversary

Phamily Phun Page

Metro Craft - Father's Day Card

By Margaret

Supplies needed: 1 piece of construction paper, Pen & pencil, Crayons, Glue & glitter (optional)



Fold a piece of construction paper in half



On the front of the card, draw a picture of you and your Dad. Color it in with crayons. You can also use glitter and glue to make it more festive. Write "HAPPY FATHER'S



On the inside of the card write " I LOVE YOU" and sign your name
Give the card to Dad on June 18th

HANDBELL CONCERTS

vs. the others




By Mike McCarty

Karen and I saw this ring-tabulous handbell group perform last month in Grand Rapids. Embellish, a 14-member community ensemble <http://www.embellish.ws>, did tons of hand bell moves and songs I can't pronounce. I do not know much about hand bells, but I think I learned enough to acquaint you with hand bell concerts and hand bell etiquette. For example, Karen helped me during the show when I leaned over and whispered...ME: Why are they holding big clothespins?

KAREN: Those are tone bells.

ME: Oh.

DIFFERENCES BETWEEN CONCERTS

	Handbells	Hard rock	Bluegrass
			
Is it acceptable to dance?	No	Yeah, dude, mosh pit or wherever, man	Shucks, if you kin find room, bust yer britches
Do performers leave the stage during concert.	Only at intermission.	Yes, to body surf.	Yes, when Mike falls off stage.
Is there a conductor?	Yes	No	Not unless you're on a train
Does the band give out freebies?	There was a drawing for potted plants at the show I saw	Band sometimes throws guitar picks	Free advice to other pickers; you must pay for 50/50 raffles
Jokes	What do you call it when a handbell choir stages a mutiny? A rebellion.	What do you say to a hard rock guitar player in a 3-piece suit ? "Will the defendant please rise ..."	How can you tell if the stage is level? If the banjo player drools out of <i>both</i> sides of his mouth.

AX THE DOCTORS



Dr. Fenner



Dr. Coots

Dr. Fenner MD, retired in the 1970's after an investigation of anesthesia methods. Fenner swore by the Dr. Howard, Dr. Fine, Dr. Howard method. Dr. Coots DDS, retired after his method of tooth extraction, which entailed a handkerchief and a distraction (and the fact that he only got the correct tooth 60% of the time), came under scrutiny with the modern patient. Both doctors are now in their 90's, and they have agreed (as part of a plea bargain) to come aboard the McCarty Metro and answer reader questions with their old-fashioned, no nonsense approach. Feel free to send your questions because...

The Doctors are In

ASK DR. FENNER

Dear Dr. Fenner:

I've heard that cardiovascular exercise can prolong life; is this true?

Your heart is only good for so many beats, and that's it... don't waste them on exercise. Everything wears out eventually. Speeding up your heart will not make you live longer; that's like saying you can extend the life of your car by driving it faster. Want to live longer? Take a nap.

Dear Dr. Fenner:

Should I cut down on meat and eat more fruits and veggies?

You must grasp logistical efficiencies. What does a cow eat? Hay and corn. And what are these? Vegetables. So a steak is nothing more than an efficient mechanism of delivering vegetables to your system. Need grain? Eat chicken. Beef is also a good source of field grass (green leafy vegetable). And a pork chop can give you 100% of your recommended daily allowance of vegetable products.

Dear Dr. Fenner:

Should I reduce my alcohol intake?

No, not at all. Wine is made from fruit. Brandy is distilled wine, that means they take the water out of the fruity bit so you get even more of the goodness that way. Beer's also made out of grain. Bottoms up!

ASK DR. COOTS

Dear Dr. Coots:

My breath smells like crap. Can you help.

Absolutely! I have 2 sure fire suggestions. Suggestion number 1... you can stop biting your finger nails. Suggestion number 2... stop picking at your hemorrhoids. Good luck with the stink breath.

Dear Dr. Coots:

What is the most unusual thing that happened in the office with the McCartys?

The McCartys were shown into the dentist's office, where Mr. McCarty made it clear he was in a big hurry. "No fancy stuff, Doctor," he ordered, "No gas or needles or any of that stuff. Just pull the tooth and get it over with." "I wish more of my patients were as stoic as you," I said admiringly. "Now, which tooth is it?" Bob turned to Jean "Show the doctor your tooth, honey."

Dear Dr. Coots:

You worked with kids a lot. How do you keep them from getting scared?

I usually tell them a few jokes like...

Q: What time was the Vampire's appointment?

A: Tooth-Hurty (2:30)

.

Q: What does the dentist of the year get?

A.: A little plaque.

.

Q: What's the difference between a dentist and a New York Yankee fan?

A: One yanks for the roots and the other roots for the Yanks.

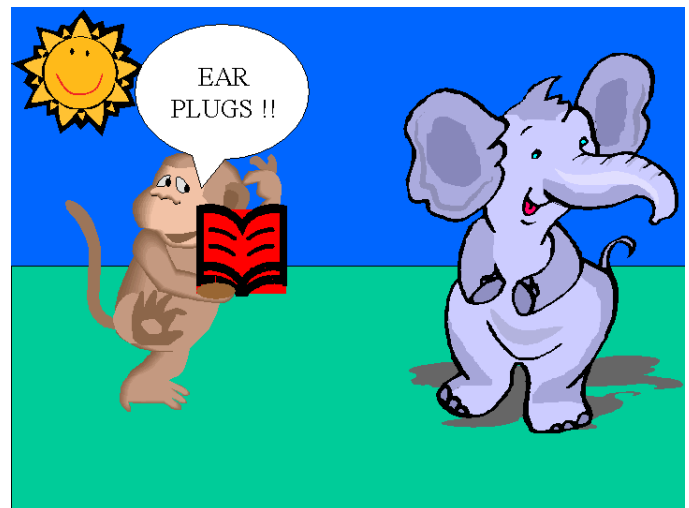
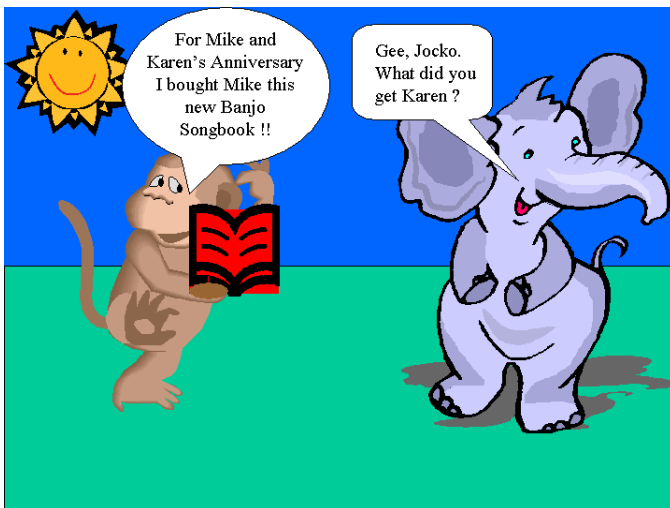
PEANUT 'N JOCKO

The Adventures of

**Peanut &
Jocko**

IN

*Happy, Happy
Anniversary*



METRO HOUSEHOLD TIPS

Food Spoilage Test

Finally, a way to know what to throw-out and what to save! The McCarty Metro is on your side when it comes to tainted food. ED
NOTE: All though not noted, grease bread will stay greasy for a long, long, long time... even after you eat it.

EGGS: When something starts pecking its way out of the shell, the egg is probably past its prime.

MAYONNAISE: If it makes you violently ill after you eat it, the mayonnaise is spoiled.

FROZEN FOODS: Frozen foods that have become an integral part of the de-frosting problem in your freezer compartment will probably be spoiled -- (or wrecked anyway) by the time you pry them out with a kitchen knife.

EXPIRATION DATES: This is NOT a marketing ploy to encourage you to throw away perfectly good food so that you'll spend more on groceries. Perhaps you'd benefit by having a calendar in your kitchen.

MEAT: If opening the refrigerator door causes stray animals from a three-block radius to congregate outside your house, the meat is spoiled.

BREAD: Sesame seeds and Poppy seeds are the only officially acceptable "spots" that should be seen on the surface of any loaf of bread. Fuzzy and hairy looking white or green growth areas are a good indication your bread has turned into a pharmaceutical laboratory experiment.



FLOUR: Flour is spoiled when it wiggles.

SALT: Like good grease bread, it never spoils.

LETTUCE: Iceberg lettuce is spoiled when you can't get it off the bottom of the vegetable crisper without Comet. Romaine lettuce is spoiled when it turns liquid.

CANNED GOODS: Any canned goods that have become the size or shape of a softball should be disposed of. Carefully. Very, very carefully!

RAISINS: Raisins should not be harder than your teeth.

POTATOES: Fresh potatoes do not have roots, branches, or dense, leafy undergrowth.

CHIP DIP: If you can take it out of its container and bounce it on the floor, it has gone bad.

EMPTY CONTAINERS: Putting empty containers back into the refrigerator is an old trick, but it only works if you live with someone or have a maid.

UNMARKED ITEMS: You know it's well beyond prime when you're tempted to discard the Tupperware along with the food. Generally speaking, Tupperware containers should not burp when you open them.

GENERAL RULE OF THUMB: Most food cannot be kept longer than the average life span of a goldfish. Keep a goldfish nearby your refrigerator to gauge this.

THE GRAND ILLUSION



Read This Out Loud



On The Way To The Top?



The Guy Below Isn't Digging For Treasure...
He Is A Clever Street Artist



GWENDA With A Twist



How do you make the Brazilian drink Caipirinha and what is good to serve with it?

This traditional Brazilian drink prepared with cachaça is all the rage in Europe and the US now. I guess you could say it USED TO be Brazil's best-kept secret, now it's the connoisseur's cocktail of choice from New York City to Miami, commanding hefty prices. The first time I had one outside Brazil was a long time ago in 1995: I walked into a small bar in Domodossola, a small city in northern Italy near the Swiss border, and had a great caipirinha prepared for me by an Italian barman in love with Brazilian music...and caipirinhas! Some of the foods to eat with caipirinhas: fried manioc, codfish balls, and caldinho de feijão (soupy black beans served in a tall glass or a small bowl). Enjoy!\

More about Cachaca:

Cachaca is Brazilian liquor made from distilled sugar cane juice. While rum is distilled from molasses, cachaca is distilled directly from the juice of the unrefined sugar cane. Before distillation, the juice ferments in a wood or copper container for 3 weeks, and is then boiled down 3 times to a concentrate. Cachaca is always distilled in such a way that the scent of sugar cane and inimitable

1 lime, 2 ounces of cachaça , Sugar to taste , Ice cubes

Wash the lime and roll it on the board to loosen the juices. Cut the lime into pieces and place them in a glass. Sprinkle with the sugar and crush the pieces (pulp side up) with a pestle. (We have a long, wooden one from Brazil, made specifically for this purpose.) Just enough to release the juice, otherwise it'll get bitter. Add the cachaça and stir to mix. Add the ice and stir again. It is delicious and potent! You can also make a pitcher of caipirinha. Figure out how many people and multiply amounts. If you can't find cachaça where you live, use a good vodka. The drink will then be called caipiroshka. No vodka? Use white rum and you will have a caipiríssima. Caipirinhas made with sake are all the rage in Rio now! Try one...

When you go into a bar and their are hard boiled eggs in a jar. How many should you eat to be polite? -Brad

I believe that if you see a jar of hard boiled eggs, it is your duty to eat them all!!!!!! To leave any of those God forsaken things to some other poor schmuck would be wrong.

Gwenda. What drink would you suggest on a hot summer day? -John

I've got 2 words for you... Jello Shots!

Prepare Jell-O according to package with boiling water, let cool a bit. Substitute Vodka for the cold water, pour into mold(s) and chill. (Note: Use 3/4 cups if you want them very firm)

Beverage 'o The Month

Blood Orange Margarita

i n g r e d i e n t s

1 cup fresh-squeezed blood orange juice
3 tablespoon granulated sugar
8 ounces premium tequila
7 ounces triple sec
1 Blood orange, sliced for garnish.

h o w t o m i x

Make a blood orange simple syrup by combining the sugar and blood orange juice in a small sauce pan; simmer over low heat until thick and syrupy. Allow to cool. Combine all ingredients in a large pitcher. To prepare a drink, pour 6 ounces into a shaker filled with ice. Pour into margarita glass, garnish with a blood orange slice.

Serving glass: Margarita glass

Blood Orange

Blood oranges are juicy, sweet and have a dark red interior. Originally from Sicily the blood orange has gained in popularity in the US and can be found fresh or in juice form in many grocery stores.



Non- Alcoholic Beverage 'o The Month

Non-Alcoholic Drinks for the non-drinkers, all you under 16 year olds.... I mean under 21 year olds.

Aguas Frescas



Fresh fruit, water, sugar

These cool drinks are made with water, fruit and a sweetener (typically sugar) and are commonly served in Mexico by street vendors. We also find them in many Mexican takeout restaurants.

To make just take any ripe fruit (common flavors include pineapple, cantaloupe, honeydew, watermelon, strawberry and papaya) blend till smooth, add water to thin to a light consistency and sweeten to taste with sugar. Depending on the fruit you may need to strain the mixture to remove any seeds or small bits, the drinks should be the consistency of water (thus the name).

My Final Thoughts...

I am looking forward to seeing you all on June 10th for the 11th Annual Dan McCarty Golf Classic. Get ready for a great time with good friends, good food, and some special surprises!!!

June 18th is Father's Day, and I would be remiss if I didn't share with you one of my Dad's favorite jokes of all time. Now, in telling it, he usually would get the setup wrong, get the punch line wrong, but one thing you could count on was that he always couldn't stop laughing all the way through the telling of the joke. I miss my Dad. I miss his laugh. Happy Father's Day, Pop!
Now... As I partially laugh, and cry at the same time... here it is...

A homeowner wakes up one morning to find a gorilla in his tree that is in his back yard. So he looks in the yellow pages and sure enough, there's an ad for "Gorilla Removers." He calls the number, and the gorilla remover says he'll be over in 30 minutes. The man arrives, and gets out of his van. He's got a ladder, a baseball bat, a shotgun and a mean old pit bull. "What are you going to do," the homeowner asks? "I'm going to put this ladder up against the tree, then I'm going to go up there and knock the bear off the branch with this baseball bat. When the bear falls out, the pit bull is trained to grab his testicles and not let go. The bear will then be subdued enough for me to put him in the cage in the back of the van." He hands the shotgun to the homeowner. "What's the shotgun for?" asks the homeowner. "If the bear knocks me off the roof, shoot the damn dog!!"

People around my work tend to needle me a bit about 2 things. First was an article I wrote for the Metro last year about me being content with my life. Second is the fact that... And I'll admit it... I'm rather frugal with my money. A good friend of mine, Frank Merriam, lives by the saying... "You can't put a price tag on a good time!" That saying is so true with life so short. I think you should always live for the moment. With that being said, however, I think the saying "The best things in life are free!", is a better motto for me.

My final thought this month are the best things in my life... AND THEIR FREE!!!

-Kelly

Falling in love
Laughing so hard your face hurts
A hot shower
"The Look" - A special glance you get from her
Getting real mail - not just e-mail
Hearing your favorite song on the radio while driving
Lying in bed listening to the rain outside
Hot towels right out of the dryer
A chocolate milkshake
A good conversation
Taking a late night stroll on the beach with your girl
Laughing at yourself
Midnight phone calls that last for hours
Running through sprinklers
Laughing for absolutely no reason at all
A really good dream
Hot chocolate on a cold, winter's day
Swinging on swings
Good friends
Having someone tell you that you look great
Laughing at an inside joke with your wife in a crowded supermarket
Waking up and realizing you still have a few hours left to sleep
Making new friends or spending time with old ones
Having your wife play with your hair
Watching a good movie cuddled up on a couch with your lady
Song lyrics printed inside your new CD cover so you can sing along
Getting butterflies in your stomach every time you see her
Seeing smiles and hearing laughter from your kids
Holding hands with someone you care about
Running in to an old friend and realizing that some things never change
Discovering that love is unconditional and stronger than time
Hugs, hugs, and more hugs (oh yeah... kisses too!)
Watching the expression on someone's face as they open your present
Watching the sunrise or sunset



Metro Images From May

